Haircuts with Lucky

My Hair, My Way



A Dear Mama story by Tamieka Hicks

Read together

Listen, speak, point, sign, or use your communication tool. Pause whenever you need. All ways of joining in count.

Milo is one child with his own preferences. His story does not describe every autistic child.

Getting ready



“Mama, will the haircut hurt?” Milo asked.

“Sometimes a comb can tug, or a sound can feel too loud,” Mama said. “We will tell Lucky what helps. I will be right beside you.”

Milo packed his favorite squeeze ball and his communication tablet.

Show me



At the barbershop, Lucky smiled. “Welcome, Milo! Before we touch your curls, let us make a plan.”

Beside the chair stood a row of picture cards. Choose a seat. Choose a towel. Comb. Trim. All done. Two extra cards waited nearby: BREAK and STOP.

“These pictures show what we might do,” Lucky explained. “We can change our plan together.”